

Power of Suggestion

The power of suggestion was proved scientifically. Baron Nils Posse narrated an unusual experiment that changed history in his renowned book; 'Hypnotism' it was about an Experiment that was conducted by a scientist during Napoleon III time. Here a scientist was authorized possession of a criminal with the consent of Napoleon III to explore the relationship between the body and the mind. The prisoner was sentenced to death by law but handed over to the scientist to carry out his experiment. The criminal thought that his death sentence was clear. The scientist SUGGESTED to the man that he was going to open his carotid artery. The criminal was created to understand that his blood would be taken out by bleeding him to death on a marked day. On the schedule date the scientist had the criminal tied to a table with his eyes blind folded. The criminal's ears were however left free with the intention so that he could hear everything that would take place. In captivity of the prisoner the scientist took a needle and made a light scratch on the neck of the criminal and the scientist preplanned a small water tap that was dropping water into a bowl that was placed underneath the table.

Silence prevailed as many watched. The criminal heard the water dropping sound from the tap and since he was blind folded, he believed that the terrifying sound was by his own blood flowing away from his body. The prisoner was left in that condition. The prisoner died within six minutes. Only a minor scratch was given and in fact not even a drop of blood emerged his body, but yet he died because he believed that his own blood was flowing out by hearing the droplet sound of the water tap. The prisoner strongly believed that his death was certain and in creation of his imagination so he died. Parallel is the relationship between mind and body. What is believed or thought in the mind is actually effected in the body. The above experiment very well documents the power of suggestion. By using suggestion one can overcome any type of problem.

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Self Hypnosis & Prof Meditation